

November

Mon	Tue	Wed	Thu	Fri
				1 B -PANCAKES, ORANGES, MILK L - RICE & BEANS, PEPPERS, PEARS TORTILLA, MILK S - CUCUMBERS, APPLES, RANCH DRESSING
4 B -BAGELS, PEARS, MILK L - BAKED RAVIOLI, SALAD, APPLES, WHOLE WHEAT BREAD, MILK S -GOLDFISH, PLUMS	5 B -TOASTY O, ORANGES, MILK L - CHICKEN PARM, GREEN BEANS, PEARS, WHOLE WHEAT BUN, MILK S - HASHBROWNS, APPLES	6 B -RAISIN BREAD, APPLES, MILK L - MEATLOAF, ROASTED POTATOES, PEARS, DINNER ROLL, MILK ALT- SOY NUGGETS S - RICE CAKES, ORANGES	7 B - RICE KRISPY, BANANAS, MILK L - CHEESE QUESADILLA, BLACK BEANS, PEARS, MILK S -CORN MUFFIN, MILK	8 B -OATMEAL, SLICED APPLES, MILK L -PASTA FAGIOLI, CAULIFLOWER ORANGES, WHOLE WHEAT BREAD, MILK S -ANIMAL CRACKERS, PEARS
11 	12 B -CORN FLAKES, PEARS, MILK L -TUNA, BROCCOLI, ORANGES, PITIA, MILK ALT- HARD BOILED EGG S - MUENSTER CHEESE, RITZ	13 B -PANCAKES, APPLES, MILK L -SWEET&SOUR CHICKEN, TUSCAN BLEND VEGETABLES, PINEAPPLES, BROWN RICE, MILK ALT- SOY NUGGETS S -BUG BITES(Cinnamon Honey Grahams), ORANGES	14 B - TOASTY O, BANANAS, MILK L - MINSTRONE SOUP, GRILLED CHEESE, APPLES, MILK S - FRENCH TOAST STICKS, MILK	15 B - WAFFLES, ORANGES, MILK L - HAMBURGER, SWEET POTATO FRIES, PEARS, WHOLE WHEAT BUN ALT- VEGGIE PATTY S -CHEEZ IT, APPLES
18 B -ENGLISH MUFFINS, PEARS, MILK L -BEEFARONI, SALAD, SQUASH, WHOLE WHEAT BREAD, MILK ALT- PLAIN PASTA S - RICE CAKES, APPLES	19 B -RICE KRISPY, ORANGES, MILK L -RICE & BEANS, PEPPERS, PEARS, TORTILLA, MILK S - YOGURT, GRAHAM CACKERS	HARBOR THANKSGIVING B - OATMEAL, SLICED PEACHES, MILK L - SLICED TURKEY, APPLES, MASHED SWEET POTATOES, STUFFING, CORN BREAD, MILK S -ANIMAL CRACKERS, PEARS	21 B - CORN FLAKES, BANANAS, MILK L - PIZZA BAGELS, GREEN BEANS, ORANGES, MILK S - GOLDFISH, APPLES	22 B - FRENCH TOAST, APPLES, MILK L - CHICKEN TENDER WRAP, BROCCOLI, CARROTS, TORTILLA, MILK S - APPLE CINNAMON MUFFIN, MILK
25 B -RASIN BREAD, ORANGES, MILK L - BAKED TORTELLINI, CAULIFLOWER, PEARS, WHOLE WHEAT BREAD, MILK S -SOFT PRETZEL, APPLES	26 B - TOASTY O, APPLES, MILK L -VEGETABLE SOUP, GRILLED CHEESE, ORANGES, MILK S -POTATO PANCAKES, APPLE SAUCE	27 B - APPLE FILLED PANCAKE, PEARS, MILK L -BEEF TACOS, LETTUCE, DICED TOMATOS, BLACK BEANS, TORTILLA, MILK ALT- BEAN BURRITO S -CHEEZ IT, PEARS	28 	29 HARBOR CLOSED 

All Menu Items Are Subject To Change According To Seasonality And Availability

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