



July

<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>
		1	2	Harbor Closed 
6	7	8	9	10
B- ENGLISH MUFFINS, PEARS, MILK L- BAKED ZITI, SALAD, APPLES, WHOLE WHEAT BREAD, MILK S- ANIMAL CRACKERS, MILK	B- CORN FLAKES, APPLES, MILK L- CHICKEN TENDERS, GREEN BEANS, ORANGES, WHOLE WHEAT BREAD S- FRENCH TOAST STICKS, MILK	B- WAFFLES, STRAWBERRIES, MILK L- SLOPPY JOE, CORN, POTATO WEDGES, WHOLE WHEAT BUN, MILK S- YOGURT, PINEAPPLE	B- TOASTY O'S, BANANAS, MILK L- PASTA SALAD, ORANGES, WHOLE WHEAT BREAD, MILK S- SOFT PRETZEL, CHEESE SAUCE, PEARS	B- FRENCH TOAST, APPLES, MILK L- RICE & BEANS, PEPPERS, PEARS, TORTILLA, MILK S- CANTALOUPE, GOLDFISH
13	14	15	16	17
B- BISCUITS, PEARS, MILK L- MAC&CHEESE, PEAS& MUSHROOMS, ORANGES, WHOLE WHEAT BREAD, MILK S- CORN MUFFINS, APPLES	B- RICE KRISPY, ORANGES, MILK L- BEEF TACOS, BLACK BEANS, DICED TOMATO, TORTILLA, MILK S- CHEEZ IT'S, PEARS	B- PANCAKES, APPLES, MILK L- LEMON CHICKEN, ROASTED POTATOES, ORANGES, WHOLE WHEAT BREAD, MILK S- HONEYDEW, SALTINE CRACKERS	B- CORN FLAKES, STRAWBERRIES, MILK L- ENGLISH MUFFIN PIZZA, CARROTS, PEARS, MILK S- PRETZEL TWIST, ORANGES	B- BAGELS, BANANAS, MILK L- HAMBURGERS, SWEET POTATO FRIES, APPLES, WHOLE WHEAT BUN, MILK ALT- VEGGIE PATTY S- WATERMELON, GRAHAM CRACKERS
20	21	22	23	24
B- WAFFLES, SLICED APPLES, MILK L- BAKED RAVIOLI, SQUASH, ORANGES, WHOLE WHEAT BREAD, MILK S- GOLDFISH, PEACHES	B- TOASTY O'S, PEARS, MILK L- FISH STICKS, CARROTS, APPLES, WHOLE WHEAT BREAD, MILK S- HASHBROWNS, PLUMS	B- FRENCH TOAST, NECTARINES, MILK L- MEATBALLS, GREEN BEANS, APPLES, DINNER ROLL, MILK S- APPLE CINNAMON MUFFINS, MILK	B- RICE KRISPY, BANANAS, MILK L- CHICKEN TENDER WRAP, CARROTS, BROCCOLI, TORTILLA, MILK S- MUEENSTER CHEESE, RITZ	B- RAISIN BREAD, PEARS, MILK L- TURKEY SANDWICH, POTATO SALAD, APPLES, WHOLE WHEAT BUN, MILK S- HONEYDEW, ANIMAL CRACKERS
27	28	29	30	31
B- PANCAKES, STRAWBERRIES, MILK L- BEEFARONI, SALAD, ORANGES, WHOLE WHEAT BREAD, MILK S- RICE CAKES, PEARS	B- CORN FLAKES, PEACHES, MILK L- CHICKEN PARM, CAULIFLOWER, NECTARINES, WHOLE WHEAT BUN, MILK S- POTATO PANCAKES, APPLE SAUCE	B- BAGELS, PLUMS, MILK L- PASTA PRIMAVERA, POPCORN CHICKEN, APPLES, MILK S- WATERMELON, RITZ	B- TOASTY O'S, PEARS, MILK L- POPCORN CHICKEN, POTATO WEDGES, ORANGES, WHOLE WHEAT BREAD, MILK S- YOGURT, GRAHAM CRACKERS	B- FRENCH TOAST, APPLES, MILK L- PIZZA BAGELS, CARROTS, PEARS, MILK S- BUG BITES, HONEYDEW

All Menu Items Are Subject To Change According To Seasonality And Availability

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