



COVID-19 HEALTH POLICY (based on CDC guidelines)

The Harbor Child Care community continues to work diligently to keep our schools open and our community safe. Your assistance is needed to ensure the safety of all. Therefore, we ask that all families adhere to the following:

- EVERY family will be asked the following before entering the child care center:
 - Have you knowingly been in close or proximate contact in the past 14 days with anyone who has:
 - Tested positive for COVID-19 or who has or had symptoms of COVID-19;
 - Tested positive for COVID-19 in the past 14 days; and/or
 - Experienced any symptoms of COVID-19 in the past 14 days.
 - Have you had contact with any persons under investigation for COVID-19 within the last 14 days, or anyone with known COVID-19?
- KEEP YOUR CHILD HOME if they have 2 or more of the following symptoms:
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
 - If your child has a fever with a temperature of 100.0 degrees fahrenheit during the day, they will be sent home immediately.
 - If you child has a new loss of taste or smell they will be sent home immediately.
- If your child gets sick during the day they will be removed from the classroom and moved to a designated area. No sick child can stay in their room including infants and must be picked up immediately.
- It is strongly suggested that you consult with your private physician if your child has any of the above symptoms.

- When returning to school after an illness, your child should have a doctor’s note that states information regarding the illness.

The child must be:

- a. Fever free for the past 72 hours without medications (Tylenol or Motrin) for COVID and 24 hours for all other illnesses (i.e. strep/flu).
 - b. Be free of vomiting or diarrhea for the past 24 hours.
- **Once a COVID test is advised by your doctor, the child must stay home until the PCR test results are negative. HARBOR CHILD CARE ADHERES TO A 10 DAY QUARANTINE PERIOD UNLESS THE DEPARTMENT OF HEALTH OR MEDICAL PROFESSIONAL DEEMS OTHERWISE.**
 - **If any member of your household has symptoms or is tested for COVID, it is advisable for all household members to remain home until negative test results are confirmed.**
Furthermore if any child is required to quarantine per DOH no siblings will be allowed to return to school until the quarantine is complete.
 - As per the Department of Health, if a child is unable to fully isolate from a positive parent, i.e. a child is not independent or lives with the parent, **the child’s quarantine date starts when the parent’s quarantine date ends.**
 - Harbor Child Care defers COVID testing for your child to your health care professional. If your child requires a COVID test, Harbor Child Care will only accept PCR results.
Additionally, documentation must be provided by your health care professional that your child can return to school. Documentation must be signed, dated and stamped by your healthcare professional.

My signature acknowledges that I have fully read and understood Harbor Child Care’s COVID parent policy.

Signature: _____

Date: _____

Print: _____

*Please return a copy or a scan of this page to the director of the day care.